

MA/PHD IN PSYCHOLOGY JUNGIAN STUDIES SPECIALIZATION

PROGRAM OVERVIEW

“Life has addressed a question to me; I myself am a question.”

~C. G. Jung

In partnership with the C. G. Jung Educational Center of Houston, Saybrook offers both an MA and PhD in Psychology with a specialization in Jungian Studies. This distinctive and innovative program uses a hybrid learning model of residential and at-a-distance coursework to provide students with the benefit of unique expertise in Jungian psychology while allowing them the flexibility to maintain professional and personal commitments.

“The prime task of psychotherapy today is to pursue...the goal of individual development...Our efforts will follow nature’s own striving to bring life to the fullest possible fruition in each individual.” ~C. G. Jung

The Jungian Studies specialization is designed for clinicians who are seeking to deepen their understanding of the dynamics of the psyche, for those in the Saybrook PsyD program who desire to add a depth dimension to their work and for those who wish to be stimulated by psychodynamic perspectives as a catalyst for personal growth. While other programs in clinical training and academic preparation are available, no other program offers such a rich mixture of in person and at distance learning from master teachers and mentors.

This program will only enroll students in the fall of each academic year. Applications are currently being accepted for the first MA and PhD cohorts which will begin in Fall 08.

Distinctive Features

The Jungian Studies program is distinguished by its:

- Grounding in and focus on classical Jungian psychology combined with exposure to more recent developments in the analytic field through partnership with the Jung Center of Houston
- Residential seminars taught by leading Jungian analysts and scholars
- Opportunities to co-create an individualized curriculum and tailor coursework
- Diverse group of students and a learning community that is both supportive and challenging
- Ability to transfer 31 of the units earned in the Saybrook MA, Psychology toward a 76 unit Saybrook PhD in Psychology resulting in reduced time to PhD completion, tuition cost savings and other benefits

Admissions Requirements

In addition to meeting Saybrook’s general admissions requirements applicable for all programs, prospective students applying for either the MA or PhD Psychology Jungian Studies specialization are required to submit a five page personal essay identifying the student’s background and intention in Jungian Studies. Students seeking further information or to apply online should visit www.saybrook.edu, and www.junghouston.org for more details on the study topics.

Scholarships, Tuition Assistance and Other Financial Aid

Saybrook offers several scholarship options for new students with demonstrated merit and financial need.

- The New Student Scholarship Program awards scholarships to new students in any Saybrook program
- The Community Leadership Scholarship Program awards scholarships for new students with demonstrated community leadership experience.

Saybrook also provides tuition assistance to current continuing students who demonstrate merit, satisfactory academic progress and financial need. Students must apply for tuition assistance on an annual basis.

Since Saybrook is accredited by the Western Association of Schools and Colleges, Saybrook students are eligible to apply for all relevant federal financial aid. In addition, Saybrook students have access to a variety of alternative loan sources.

PROGRAM DESCRIPTION

“The afternoon of life is just as full of meaning as the morning; only its meaning and purpose are different.” ~C. G. Jung

Depth psychology emerged at the beginning of the last century out of the erosion of traditional forms of spiritual authority and the limitations of modernism with its mechanistic, materialistic, and medicalized models of human nature. Questions regarding personal identity, value choices, and spiritual points of reference once addressed by tribal mythologies soon manifested in mass projections on to cultural forms or were internalized as personal psychopathology.

When most modern psychologies fractionated the human being into behaviors, cognitions, and biochemistry, Freud and Jung and other pioneers in the dynamics of the modern psyche provided critical metaphors and methods to open the mysteries of the human journey once more. In the century since, Jung’s insights are increasingly embraced as helpful to individuals who would chart a path through the confusions and disorders of our time.

“A psychoneurosis may be understood...as the suffering of a soul which not yet discovered its meaning.” ~C. G. Jung

Hybrid Learning Model

Melding the Saybrook philosophy of at-distance learning with the Jung Center in-person seminars, this specialization provides seven monthly, weekend seminars each year leading to the fulfillment of requirements. Each seminar is offered for four hours on a Friday afternoon and a Saturday seminar for six hours on the second weekend of each month. This schedule allows students to fly into Houston on Friday morning and leave either Saturday evening or Sunday morning to return to their homes. Small interactive seminars are taught by leading Jungian analysts and scholars and offer not only a thorough grounding in classical Jungian psychology but exposure to more recent developments in the analytic field as well. Additionally, the student is encouraged to utilize at-distance electives and required research projects on Jungian topics as well.

In addition to these Residential Conferences, all new entering students are required to attend a Residential Orientation in San Francisco, California. For the Fall 08 semester, the Residential Orientation will be held from September 10-14, 2008 (Wednesday – Sunday) at the Westin San Francisco Airport Hotel.

Program Director: James Hollis, PhD

The Director of the Jungian Studies program is James Hollis, PhD and a member of the Saybrook faculty who has previously taught the Humanities for 26 years in various colleges and universities before retraining as a Jungian analyst at the Jung Institute of Zurich, Switzerland. He is a licensed Jungian analyst in private practice in Houston, Texas, where he is also Executive Director of the C. G. Jung Educational Center of Houston.

Program Requirements

M. A. Requirements: 31 Units Required

(All Saybrook requirements are in italics.)

<i>Course</i>	<i>Units</i>
<i>Program Plan</i>	1
<i>Understanding Research</i>	3
<i>Library Research</i>	1
<i>Ethics</i>	3
<i>History & Systems of Psychology [or]</i>	
<i>Foundations of Humanistic/Trans-Pers. Psych.</i>	3
<i>Jung Seminar (2 years totaling 14 weekends)</i>	14
<i>Master's Project [or] Master's Thesis</i>	3 or 6
<i>Electives</i>	3

Ph. D. Requirements: 76 Units Required

<i>Program Plan</i>	1
<i>Library Research</i>	1
<i>Meth/Research & Discipl. Inquiry I</i>	3
<i>Ibid. II</i>	3
<i>Advanced Research (choose from list)</i>	3
<i>Research Practicum</i>	3
<i>Ethics</i>	3
<i>Hist/Systems of Psych [or]</i>	
<i>Foundations of Human./Trans-Person. Psych</i>	3
<i>Jung Seminar (3 years of 21 weekends)</i>	21
<i>Three essays</i>	9
<i>Dissertation</i>	9
<i>Electives</i>	17

For general information about Saybrook programs, admissions criteria, and enrollment, please contact:

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